

# Monthly Volunteer Connection

March 2010

A monthly listing of volunteer opportunities in Sedgwick County

## Spend Spring Break Helping Those in Need

The United Way Volunteer Center is preparing for the annual Youth Days of Caring. Hundreds of area youth volunteer at nonprofit agencies all over Wichita during the entire week of Spring Break, March 15–19. This week gives youth the chance to help. Minimum age is 12 (depending on the project). A complete listing of projects is at [www.unitedwayplains.org](http://www.unitedwayplains.org) or by contacting the United Way Volunteer Center at 267-0202. **Hurry!** The deadline to sign up is March 11!



## Climb for a Cause



Be a part of history by volunteering at Wichita's ONLY competitive stair climb, the first annual Fight for Air Climb on Saturday, March 13, 2010, at the INTRUST Bank Arena, a benefit for the American Lung Association and brought to you by The Coleman Company, Inc. Volunteers are needed to help with registration, rest stops, route patrols, etc. All volunteers will receive an event T-shirt and other special items! Volunteers must be at least eight years old and training will be provided. Contact Diane Tinker at 558-3090 x 202 by Wednesday, March 3.

## CARE with Heartspring

The Autism CARE Walk needs your help! Join the fun on Saturday, April 10! It is more than just a walk—it is a walk with a mission! CARE stands for Community of Autism Resources and Education, and any funds raised by this event will help benefit local children who are on the autism spectrum through workshops and programs offered by Heartspring. Help at the 2010 Autism CARE Walk with registration, setup, cleanup and more. Contact Melanie Mies 634-8761 or [mmies@heartspring.org](mailto:mmies@heartspring.org).



## Easter Egg-stravagansa!



Volunteer for the City of Wichita's annual Easter Egg Hunt on Saturday, March 27, from 8:45 a.m.–12 p.m. at Watson Park. Volunteers are needed to help with carnival games, face painting, inflatables and much more! Contact Jan Chatman at 337-9191.



**Find more  
volunteer  
opportunities  
or get more  
information:**

**PHONE:  
Dial 2-1-1**

**VOLUNTEER ON-  
LINE:  
[www.unitedwayplains.org](http://www.unitedwayplains.org)**

Click on "Volunteer Center" and then "Volunteer Online" to search by areas of interest, times available, length of commitment and more.


**Continued on back**



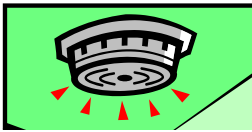
### Make it a Reality

Reality U provides a valuable service to teens—helping them learn to determine spending priorities and how to budget their money. The goals of Reality U are to show teens that their performance in school today will affect their future, and will give teens a chance to learn and practice personal finance skills in a fun way. The event is set up in 7–8 sessions with 18 volunteer slots open for each session. Work one session or all sessions. There is no training needed to work the booths. Students will be coming through with their checkbook registers and life scenarios. The volunteers discuss the various options available at each booth as the students determine how much of their income they wish to spend in each category for their desired lifestyle. Reality U enables the student to determine if their given scenario will provide the type of lifestyle they wanted. Upcoming dates: March 10, at Valley Center High School, March 24 & 25, at Wichita East High School and April 16, at NE Magnet. Contact Mandy Wilbert with Communities in Schools at 973-7918.



  
**Please tell agencies that United Way referred you!**

### Help Our Seniors



Help make an older adult safe in their home. Volunteers needed to educate seniors on fire safety and to install smoke detectors. Training and supplies provided. Great opportunity for groups! Contact the Sedgwick County Department on Aging-RSVP office at 660-5134 ext. 5134.

### Spotlight Your Office Skills

Project Access is seeking a motivated volunteer to provide some administrative support for the program. Will help with a significant document scanning project and will call enrollees/clients to process health surveys. Must have previous clerical experience, strong computer skills, positive communication skills and a customer service orientation. Must also be organized and efficient in a fast-paced environment. Experience in a nonprofit organization strongly preferred. Contact Anne Nelson at 688-0600 or [annnelson@projectacces.net](mailto:annnelson@projectacces.net).



.....

# Tips for volunteers

- Wear appropriate clothing for outdoor activities.
- If you would like to bring young children, please check with the organization to make sure supervision is available.
- Check with the organization prior to the activity about what you need to bring (tools, lunch, safety gear, etc.)
- Give the organization enough advance notice if for some reason you cannot participate.
- Please let the contact person know United Way Volunteer Center referred you.
- Give the organization and United Way Volunteer Center feedback on the project.
- **Most importantly, have lots of fun!**

.....



### United Way of the Plains

245 N. Water  
Wichita, KS 67202  
Phone: (316) 267-1321  
Fax: (316) 267-0937

**United Way  
Volunteer Center:**  
(316) 267-0202

[www.unitedwayplains.org](http://www.unitedwayplains.org)