

# Honoring

## BRANCH SERVICE AWARD

**BRANCH 79**  
Seattle, Washington

*Several active and retired letter carriers from Branch 79, joined by a member of Tacoma Branch 130, contributed their sweat equity to the recovery from Hurricane Katrina by building two homes in the New Orleans area in just a week.*

## CARRIER ALERT AWARD

**DEBORAH CZARNY AND PENNY BELL**  
Muskegon, Michigan

*Penny Bell noticed mail piling up at an elderly patron's mailbox. She saw no immediate cause for alarm, but instead of ignoring it, she asked her sub, Debbie Czarny, to keep her eyes open. With the mail still accumulating the next day, Czarny summoned authorities and rescued the patron, who had collapsed inside her home four days earlier.*

## EASTERN REGION HERO

**JEFFREY VOLLMAR**  
Freehold, New Jersey

*Jeffrey was on his route when he heard screams for help from a customer saying her house was on fire and her mother was still inside. He ran into the house to rescue the mother and bring her to safety, then ran back inside to tackle the fire.*

## CENTRAL REGION HERO

**THOMAS NEHLEN II**  
Youngstown, Ohio

*Thomas was delivering mail when he saw smoke billowing from a window of a house. He rushed inside and made sure all of the family got out safely. Later that day, the carrier aided a young boy who had crashed into a vehicle while on his bicycle.*

## WESTERN REGION HERO

**SALLI HISLOP**  
Salt Lake City, Utah

*Salli was concerned when she saw a customer's dog acting strangely. She went to the house to investigate, discovered the customer having a heart attack on the front porch and performed CPR on the man to revive him.*

## HUMANITARIAN HERO

**LARRY GUNKEL**  
Wichita, Kansas

*Inspired by his participation in the NALC national food drive, Larry Gunkel joined the staff of the Kansas Food Bank after retiring in 2005. Using leadership and organizing skills learned as a letter carrier and union leader, Larry has helped KFB feed nearly 35,000 families across the state.*